## **Code of Conduct**

The Pendleton Co. Recreation Commission is stressing the importance of a Code of conduct for parents, coaches, players, and spectators.

If any parent, player, coach, or spectator fails to follow the guidelines set forth, they will be subject to disciplinary actions by the Pendleton Co. Recreation Commission.

- 1. **Follow the Golden Rule:** I will always treat others (parents, players, officials, coaches, and spectators) the same way that my child and I want to be treated. I and my guests will be a positive role model for my young player.
- 2. **Safety of My Child:** I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- 3. **Act Your Age:** If I find myself becoming emotionally involved, I will take a step back and relax. Remember, your childhood is over. Give the young players freedom to enjoy theirs.
- 4. **Be Seen, Not Heard:** I and my guests will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent, such as booing and taunting; refusing to shake hands; or using profane language or gestures.
- 5. **Rules and Conflicts:** I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- 6. **It's Supposed to Be Fun:** I will encourage enjoyment and participation over results. If it is not fun, then something is definitely wrong.
- 7. **Motivate Through Confidence:** I will try and identify a positive from every game or practice to help build my child's confidence.
- 8. **Don't Question an Official's Call:** I and my guests will respect the officials and their authority during the game and will never question, discuss, or confront officials or coaches at the game field.
- 9. **Put Winning and Losing in Perspective:** Games have winners and losers. I will keep reminding my child of that and the need to deal with both outcomes. Young players should keep from getting to cocky when they win and too upset when they lose.
- 10. **Avoid the Post Game Analysis:** I will not analyze my young player's performance following every game. If you do, most likely they will avoid talking to you at all after games, or not want you at the games at all.
- 11. **Showing Respect for Others:** I will demand that my young player show respect for all other players, officials, coaches, and spectators at all times.
- 12. **Avoid Ridicule:** I and my guests will not ridicule or demean my child or any other participant for making a mistake or losing a competition.
- 13. **Skill Development:** I will emphasize skill development and practices and how they benefit my child over winning.
- 14. **Emotional and Physical Well Being:** I will promote the emotional and physical well being of the athletes ahead of any personal desire that I have for my own child to win.
- 15. **Coaching:** I and my guests will refrain from coaching my child or others players during the games and practices unless I am an official coach.
- 16. **League Rules:** I and my guests will comply with the decisions of the league officials and observe all of the rules, policies, and procedures as established by the Pendleton Co. Recreation Commission.
- 17. **Drugs and Alcohol:** I and my guests will refrain from the use of drugs and alcohol at any Pendleton Co. Recreation athletic event.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary actions that can include but not limited to the following:

- Written warning.
- Verbal warning by the officials, head coach, and/or the league coordinator or recreation director.
- Game forfeit through the officials, league coordinator, or the recreation director.
- Parental game suspension with written documentation of the incident being kept on file with the organizations involved.
- Parental season suspension.